



Anshin Ryu

空手道

Dojo – Kun

(Code of Ethics)

1. MANNERS

I will be respectful, and courteous to all.

2. COMMONSENSE

I will use commonsense before self-defence and never be abusive or offensive.

3. PEACE

I will observe the way of peace and teamwork.

4. DRIVE

I will practice with all the drive I have, and strive for more than I think I have.

5. DEVELOP

I will develop myself in a positive manner to improve my mental growth and physical health.

6. COURAGE

I will have true courage in all facets of life.

7. SELF-DISCIPLINE

I will develop self-discipline in order to bring out the best in myself and others.

8. SELF-IMPROVEMENT

I will strive for individual achievement for the benefit of others.

9. MOTIVATION

As Sempai we are dedicated, we are motivated and shall strive to be the best.