



Anshin Ryu Karate: Examination Answer Sheet

空手道

Green Belt (6th Kyu).

1. “Bunki” means analysis, i.e. to analyse the movements etc.
2. We bow to each other to show respect to the other person.
3. You call your fellow student who:
 - a). Sempai.
 - b). Dou-Hai.
 - c). Ko-Hai.
4. Any injuries or illnesses.
5. “Sensei” is the Instructor, or Teacher.
6. The percentage of practice, which involves the body and involves the mind, is 50:50.
7. Modern day karate originated in Okinawa by the founder named Gichin Funakoshi (who is known as the father of modern day karate), and his style was Shotokan.
8. Your gi, belt, safety equipment for sparring and an empty mind to take in the knowledge.
9. The following terms are:
 - a). Uke - Block.
 - b). Jiyu Kumite - Free Style Sparring.
 - c). Geri - Kick.
 - d). MAWATE – Change Hands.
10. Green Belt is 6th Kyu, and Rok-kyu literally stands for 6th grade.