



Anshin Ryu Karate: Examination Answer Sheet

空手道

Yellow Belt (8th Kyu).

1. Kodokan Martial Arts, which means Martial Arts of the Hall of the Enlightened Way.
2. United Kingdom All Styles Karate Organisation
3. Roy Stanhope, 9th Dan - Hanshi.
4. Anshin Ryu.
5. Bow.
6. Bow.
7. Belt.
8. The jacket sleeves should be no longer than the bend of the wrist when the arm is held out straight, and no shorter than half way up the forearm. The trouser legs should be no longer than the ankle and no shorter than half way up the shin. The reason for this is safety and to prevent injuries. The jacket bottom should be no longer than mid thigh, but long enough to cover the hip joint. The belt when tied should not be too long so as to hit you in the face when sparing, about 8" long from knot. The sleeves and trousers can be turned inwards and MUST be stitched in place for training at the dojo - not on the out side as injuries can occur and NEVER rolled up.
9. Your name, address, signature, date of birth, photograph, club name, martial arts practised (this is optional as some licence books do not have this section), current UKASKO licence slip with number, EKGB registration slip (both slips should be filled out correctly) and signed oath.
10. Because injuries can occur.
11. Karate means - *Empty Hand*.
Kara - *Empty*
Te - *Hand*.
It is also known as China Hand (before Empty Hand).