



Anshin Ryu Karate:  
Examination Question Sheet

空手道

Yellow Belt (8th Kyu).

1. What is the name of our group and what does it mean?
2. The club is associated to UKASKO, what does *UKASKO* stand for?
3. Who is the head of UKASKO?
4. What is the name of our style of karate?
5. What is the first thing you do when entering the dojo and the last thing before leaving?
6. What does “REI” mean?
7. What is the obi?
8. Explain the correct length of the Gi and give the reason for this?
9. List everything your licence should have in it prior to taking a grade?
10. Why must you not run around in the dojo without instructor’s supervision?
11. What does *KARATE* mean?

**Note: Must achieve at least 80% of the questions or fail grading, i.e. 9 out of 11.**